**We don’t have time! When can we possibly practice our speech on top of everything else?!?**

* Morning and night, at teeth brushing time, in front of a mirror
* In the car, at every stop light. While you're sitting at a red stoplight, see how many times your child can do the skill correctly before the light turns green.
* In the car, on the way to school or back home
* At the supper table
* At bedtime, before a story
* During commercials while watching TV
* While waiting for your food in the drive-thru or at a restaurant
* While waiting in line at the grocery store or Walmart
* While waiting for your turn at the doctor or dentist
* Waiting for church to start
* During the previews while waiting for a movie to start
* Try different voices with some sounds—whisper, cheerleader, robot, monster, baby, old lady, opera singer, etc.
* Say your sound/word 5 times standing, then 5 times sitting. Repeat 5 times.
* Gather some loose change and say your sound/word every time you put a coin into your piggy bank
* Eat an M&M, Skittle, etc. for every 5 times you say your sound/word
* Earn a sticker for every 50 times you say your sound/words.
* 10 stickers=small reward
* Put a bunch of plastic coins in a bag but color one of them red.  After each repetition, you and your child will both pull out one coin. If anyone pulls out the red coin, they have to put all of their coins back. Whoever has the most coins after 5 minutes wins!
* Place beans or marbles in a small container.  Get a second similar container. For each repetition, move one bean or marble to the other container.  When all the beans/marbles are moved, you're done!
* Get a playing card for every repetition.  When your child has all of the playing cards, you can play Go Fish with him.
* Throw a ball back and forth and play catch while your child practices the skill.
* Give your child a puzzle piece for every 10 repetitions he does. When he has all the pieces, put the puzzle together with her!

These are just ideas—get creative and do whatever fits in best with your family’s routine! The key is **REPETITION**, so that these new sounds become automatic and habitual. 100 productions each day is ideal, and more is GREAT!